LEDYARD REGIONAL VISITING NURSE AGENCY ANNUAL REPORT 7/1/17 – 6/30/18

Ledyard Regional Visiting Nurse Agency has been serving the residents of Ledyard and Gales Ferry for 71 years.

Home Care "We Can Help You Stay Home"

Home care helps those who cannot yet help themselves. We care for the elderly, disabled, uninsured and chronically ill, while maintaining dignity and promoting independence. Available 24 hours a day, we provide specialized services and personalized care plans to meet the needs of the patient.

In the 2017–2018 year, home care services were provided to 299 individuals and families. The age of patients served was from birth to 102 years. For the year, there were 292 admissions and 320 discharges. Ledyard RVNA provided \$6,266 in care and services to those without a payor source.

Total Visits by Discipline

	Number of Visits 15-16	Patients Served 15-16	Number of Visits 16-17	Patients Served 16-17	Number of Visits 17-18	Patients Served 17-18
Skilled Nursing	3152	297	3151	301	2568	291
Physical Therapy	1939	223	1725	207	1815	206
Occupational Therapy	364	66	427	67	487	84
Speech/Language	71	9	32	3	41	9
Medical Social Work	24	21	23	19	33	25
Home Health Aide	2202	76	1967	77	1769	74

Total visits for all services: $2017-2018 = 6{,}713$ $2016-2017 = 7{,}325$ $2015-2016 = 7{,}752$

Overall, there were 612 less home care visit made in 2017 - 2018 than in the previous year.

School Nurses Support Student Success

School nursing is a specialized practice of professional nursing that advances the well-being, academic success, and lifelong achievement of students. School nurses promote health and safety, intervene with actual and potential health problems, provide case management services, and actively collaborate with others to build student and family capacity for adaptation, self-management, self-advocacy, and learning. (NASN 1999)

Ledyard continues to have five full-time school nurses, five per diem school nurses and five part-time health assistants serving 2406 students (an increase from 2382) in our six schools. Dental services through the SMILES program of United Community and Family Services remain in every school.

Community Health Programs "We Care"

LRVNA cares for the community. To fulfill that pledge, yearly flu clinics were held at the Senior Center, Town Hall, in schools and Senior Housing. 185 flu immunizations were administered.

Blood pressure clinics are held monthly at the Senior Center, and walk-ins are always welcome at the office. Over 60 people were screened.

<u>LVES (Ledyard Volunteer Emergency Services) Clinics</u> are held every other month. Attendance varies between 3 – 8 individuals per clinic. Physicals include: EKGs, spirometry, hearing, vision, vital signs, TB testing and Hepatitis B vaccinations. There were 20 attendees at the clinics throughout the year.

In addition, yearly PPD clinics are held at Gales Ferry Fire House and Ledyard Fire House to accommodate the needs of their members.

MATERNAL-CHILD HEALTH Since LRVNA has no maternal child RN, we no longer participate.

<u>EMERGENCY MANAGEMENT</u> –LRVNA is prepared in the event of an actual emergency, i.e. Millstone meltdown. We work closely with the Town's emergency planning committee. Meetings are held twice a year and supervised yearly by FEMA. Special needs residents are placed on a list and contacted so that assistance can be arranged. A drill was held in October 2017. Over 60 residents were called to update the special needs list. Ledyard again ranked high in preparation and organization.

<u>POTASSIUM IODIDE (KI)</u> - LRVNA distributes KI to the town through the office. The response has been minimal.

<u>CPR/AED</u> – A former home care nurses teaches the LRVNA staff and Town employees.

Budget

Munis is now the Town's financial software. LRVNA has two budgets for operation: one for public health nursing and one for school nursing.

The public health nursing budget funds the entire home health care program, all community health programs, the Town's Medical Director, employee/volunteer health services, vaccines and clerical services.

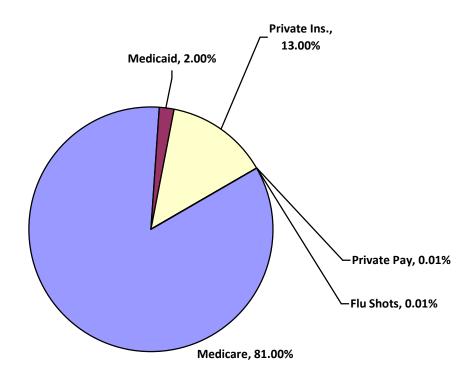
The budget adopted by the Town for Public Health Nursing (Home Care) for 2017–2018 was \$965,000.

Revenue

Revenue FY 2017-2018 (Unaudited)

Medicare	784,862	81% (down from 87%)	
Medicaid	20,796	2% (up from 1.8%)	
Private Insurance (managed	125,828	13% (up from 0.09%)	
Medicare & others)			
Private Pay	8,725	.01% (down from 0.09%)	
Other Income (United Way,	1,145	.001% (down from 0.003%)	
Miscellaneous – office visits,			
CPR classes)			
Flu shots	5,362	.01%	
TOTAL	946,718	100%	

Revenue Sources FY 2017-2018



We no longer participate in CCCI due to the complicated/expensive software program the State has contracted with.

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School Nursing Budget

The School Nursing budget of the Ledyard Regional VNA covers the cost of the school nursing staff, school health assistants and staff education. School nurse room supplies and equipment are in the Board of Education budget.

Current Budget 7/1/17 \$364,007 Expenditures 6/30/18 \$381,857

For the second year, school nursing has exceeded budget due to an increase in hours of school health assistants, orientation of 2 nurses who replaced 2 retiring RNs and an increase in per diem RN hours.

Donations

\$2,285 was received during the year from donations and memorial contributions. Several families designated LRVNA as the recipient of donations in memory of a loved one. Contributions are put into a separate Patient Donation Account and used to assist patients in need of supplies and equipment.

LRVNA Board 2017-2018

Dave Olsson, Chair Colleen Miller, Finance Chair Jacquelyn Baudro, Secretary

Board Members

Mary Ellen Doblecki Joan Guarino Dr. Adrienne Parad Marcia Reese Elizabeth Scott Margaret Simon Mary Beth Warwick

Mary McGrattan is the Town Council liaison to the Nursing Board.

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Staff

Joyce Adamcewicz, RN - CPR Instructor

Nikki Allen, RN - school

Lisa Arnold – home health aide

Deneane Bentum, BSN, RN - school

Trisha Brewster, BSN, RN – homecare (hired Feb 2017, resigned June 2018)

Erin Bustamante, RN - school

Ashley Chartier – school health assistant

Jenine Dorunda, PT

Jean Dutton – Administrative Assistant

Teresa Fields, BSN, RN - school

Robyn Gaccione, SLP

Peter Gates, MD - Medical Director

Nancy Gillis - Fiscal Assistant II

Karen Goetchius, MSN, RN, CHCE Administrative Supervisor

Christina Gralton, BSN, RN - home care (resigned Feb. 2018)

Janet Hargrave, RN, NCSN - per diem school

Brenda Hultgren, OTR

Crystal Kerrigan, school health assistant

Anastacia Knight, BSN, RN per diem school

Courtney LeBlanc, BSN, RN - home care/wound specialist

Andrea Luis, RN -homecare RN (hired Feb. 2018)

Debbie Miles – home health aide

Gloria Morris - home health aide

Meg Muriel, RN – per diem home care

Rosemary Natale, RN – per diem home care/wound specialist

Krista Park, PT

Eric Parnes, PT

Claire Rotchford, BNS, RN – home care (hired 5/2018)

Noreen Saccone - home health aide

Rebecca Scahill, RN – homecare, Clinical Supervisor

Lorraine Sheltry - school health assistant

Donna Souza, LCSW

Elizabeth Swindell, RN – per diem school

Emily Wardell, OT

Annette Wehling - home health aide

Respectfully submitted,

Karen Goetchius, MSN, RN, CHCE Administrative Supervisor

Professional Advisory Committee Approved: LRVNA Board Approved:

LK v NA Board Approved.