

**LEDYARD REGIONAL VISITING NURSE AGENCY
ANNUAL REPORT 7/1/15 – 6/30/16**

Ledyard Regional Visiting Nurse Agency has been serving the residents of Ledyard and Gales Ferry for 69 years.

Nightingale Award for Excellence – Maryellen Grace, Ledyard Middle School Nurse, was honored at the May ceremony held at the Mashantucket Pequot Museum.

Home Care “We Can Help You Stay Home”

Home care helps those who cannot yet help themselves. We care for the elderly, disabled, uninsured and chronically ill, while maintaining dignity and promoting independence. Available 24 hours a day, we provide specialized services and personalized care plans to meet the needs of the patient.

In the 2015– 2016 year, home care services were provided to 318 individuals and families. The age of patients served was from birth to 100 years. For the year, there were 339 admissions and 350 discharges. Ledyard RVNA provided \$1,717 in care and services to those without a payor source.

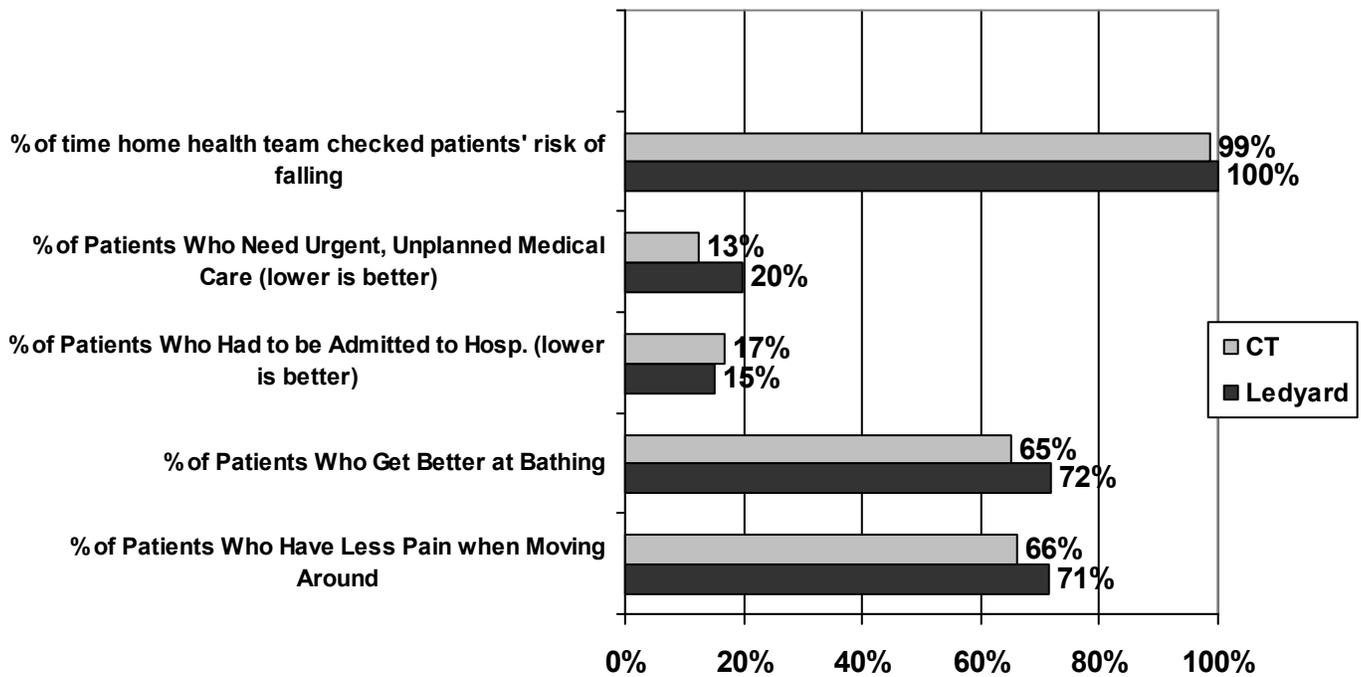
Total Visits by Discipline

	Number of Visits 13-14	Patients Served 13-14	Number of Visits 14-15	Patients Served 14-15	Number of Visits 15-16	Patients Served 15-16
Skilled Nursing	3374	295	3204	300	3152	297
Physical Therapy	1267	208	1715	220	1939	223
Occupational Therapy	325	72	313	82	364	66
Speech/Language	34	10	85	15	71	9
Medical Social Work	26	30	17	13	24	21
Home Health Aide	2883	92	2177	92	2202	76

Total visits for all services: 2015-2016 = 7,752 2014-2015 = 7,511 2013-2014 = 7,909

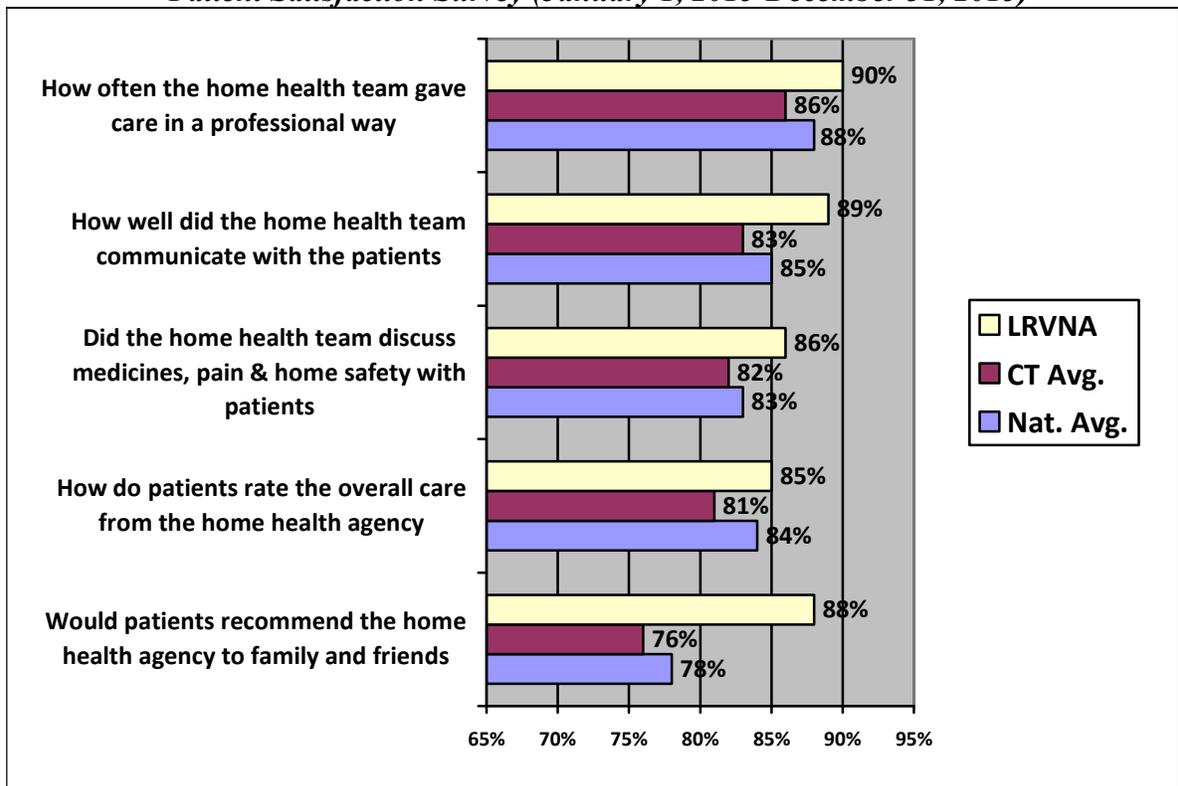
Overall, there were 241 more home care visits made in 2015 – 2016 than in the previous year.

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Home Care Compare “See how we did” www.medicare.gov/homehealthcompare. For the 7th straight year, LRVNA is in the top 20% of home care agencies nationwide for quality care and exceptional service.

Patient Satisfaction Survey (January 1, 2015-December 31, 2015)



School Nurses Support Student Success

School nursing is a specialized practice of professional nursing that advances the well-being, academic success, and lifelong achievement of students. School nurses promote health and safety, intervene with actual and potential health problems, provide case management services, and actively collaborate with others to build student and family capacity for adaptation, self-management, self-advocacy, and learning. (NASN 1999)

Ledyard continues to have six full-time school nurses and six part-time health assistants serving 2418 students (a decline from 2588) in our six schools. Dental services through the SMILES program of United Community and Family Services remain in every school.

Community Health Programs "We Care"

LRVNA cares for the community. To fulfill that pledge, yearly flu clinics were held at the Senior Center, Town Hall, in schools and Senior Housing. 250 flu immunizations were administered.

Blood pressure clinics are held monthly at the Senior Center, and walk-ins are always welcome at the office. Over 100 people were screened.

LVES (Ledyard Volunteer Emergency Services) Clinics are held every other month. Attendance varies between 3 – 8 individuals per clinic. Physicals include: EKGs, spirometry, hearing, vision, vital signs, TB testing and Hepatitis B vaccinations. There were 25 attendees at the clinics throughout the year.

In addition, yearly PPD clinics are held at Gales Ferry Fire House and Ledyard Fire House to accommodate the needs of their members.

BABYSITTING CLASSES - The spring babysitting classes were postponed this year due to a lack of an instructor. We hope to resume them this year.

MATERNAL-CHILD HEALTH is also part of the vision statement to promote health in the community. Ledyard Regional VNA saw 9 maternal/ child patients in the 2015-16 fiscal year.

EMERGENCY MANAGEMENT –LRVNA is prepared in the event of an actual emergency, i.e. Millstone meltdown. We work closely with the Town's emergency planning committee. Meetings are held twice a year and supervised yearly by FEMA. Special needs residents are placed on a list and contacted so that assistance can be arranged. A drill was held on October 21, 2015. Over 60 residents were called to update the special needs list. Ledyard again ranked high in preparation and organization.

POTASSIUM IODIDE (KI) - LRVNA distributes KI to the town through the office. New potassium iodide from the State arrived June 2014. The response has been minimal.

CPR/AED – To improve emergency responsiveness in the community, the goal of LRVNA is to instruct every resident in CPR through the American Heart Association. Classes are held monthly at the Gales Ferry School Library. The cost is \$25 for Ledyard residents and those who work in town, and \$35 for all others. Classes are offered FREE to all Town employees. With the continued generous contribution from the Ledyard Ambulance, AEDs are placed in every school, the Senior Center, Town Hall, and at the Board of Education.

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Ledyard was recertified for 3 years as a HEARTSafe Community from the Department of Public Health. In 2015–16, 90 people were taught CPR/AED. We have three RN instructors.

Budget

Munis is now the Town’s financial software. LRVNA has two budgets for operation: one for public health nursing and one for school nursing.

The public health nursing budget funds the entire home health care program, all community health programs, the Town’s Medical Director, employee/volunteer health services, vaccines and clerical services.

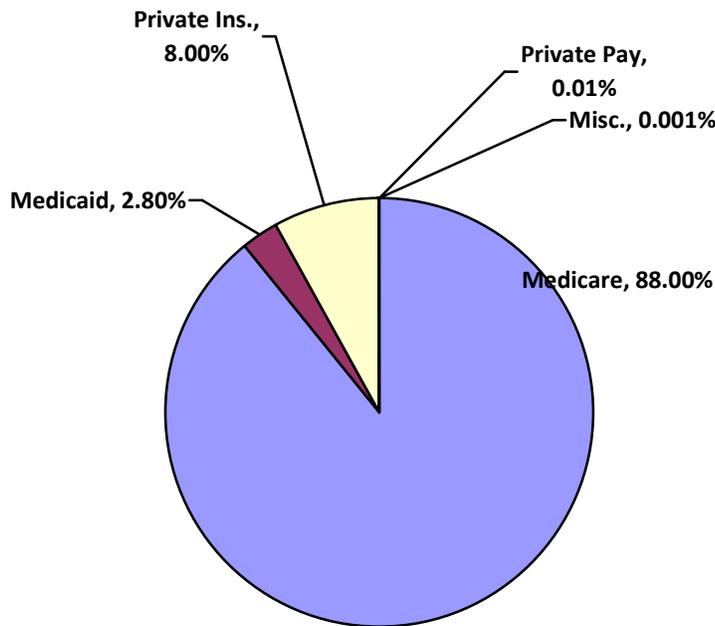
The budget adopted by the Town for Public Health Nursing (Home Care) for 2015– 2016 was \$925,000.

Revenue

Revenue FY 2015-2016 (Unaudited)

Medicare	88%	965,819.89
Medicaid	2.8%	30,235.80
Private Insurance	8%	87,316.28
Private Pay	.01%	10,880.00
Other Income (United Way, Miscellaneous – office visits, CPR classes)	.001%	1,269.48
TOTAL	100%	1,095,491.45

Revenue Sources FY 2015-2016



*unaudited

Capital Items Budget #1510 FY 2015– 2016

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Three new laptop computers were purchased during FY 2015-2016.

School Nursing Budget

The School Nursing budget of the Ledyard Regional VNA covers the cost of the school nursing staff, school health assistants and staff education. School nurse room supplies and equipment are in the Board of Education budget. Unfortunately, 3 nurses had FMLA. One was for the remainder of the year. The sub line item was over expended by \$17,283.

Current Budget	7/1/15	\$329,288
Expenditures	6/30/16	\$375,584

Donations

\$1,110 was received during the year from donations and memorial contributions. Contributions are put into a separate Patient Donation Account and used to assist patients in need of supplies and equipment.

The \$3,956.34 in the dental funds was transferred to the donation account.

State/Medicare Survey

The Department of Public Health’s survey is due by December 31, 2017 for the State and Federal licenses.

In conclusion, I would like to extend a heartfelt thank you to all the Nursing Board members and wonderful staff who are committed to promoting health and wellness.

LRVNA Board 2015– 2016

Elizabeth Scott, Chair
Kathy Sinnett, Vice Chair
Colleen Miller, Finance Chair
Jacquelyn Baudro, Secretary

Board Members

Joan Guarino
Claire Krieger
J. David Olsson
Marcia Reece

Margaret Simon
Clare Strickland
Mary Beth Warwick

Mary McGrattan is the Town Council liaison to the Nursing Board.

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Staff

Joyce Adamcewicz, RN – per diem home care
Nikki Allen, RN- home care
Casandra Allen, RN – school
Lisa Arnold – home health aide
Deneane Bentum, BSN, RN – school
Kelli Birkbeck,-home health aide (resigned 6/16)
Maureen Brawner – school health assistant (resigned 6/16)
Erin Bustamante, RN – school
Amy Butters, RN-home care
Jean Dutton - Office Assistant II
Teresa Fields, BSN, RN - school
Peter Gates, MD – Medical Director
Nancy Gillis – Fiscal Assistant II
Karen Goetchius, MSN, RN, CHCE Administrative Supervisor
Christina Gralton, BSN, RN - per diem home care/school (rehired 1/1/16)
Laurie Gwin MPH, BSN, RN, NCSN – per diem school
Janet Hargrave, RN, NCSN - per diem school
Brenda Hultgren, OTR
Crystal Kerrigan - school health assistant
Kathy Konrad, RN-per diem school
Courtney LeBlanc, BSN, RN-home care
Gina Liguore, PT (hired 5/16)
Dawn Mingione, SLP
Gloria Morris - home health aide
Rosemary Natale, RN – per diem home care/wound specialist
Ginger Gibbons Palmer – school health assistant (1/16-4/16)
Krista Park, PT
Eric Parnes, PT
Bea Reynolds, PT
Noreen Saccone-home health aide
Rebecca Scahill, RN – homecare, Clinical Supervisor
Lorraine Sheltry - school health assistant
Donna Souza, LCSW
Elizabeth Swindell, RN - school
Zondra Thompson, OTR (resigned 6/16)
Sandra Vann - school health assistant
Emily Wardell, OT
Annette Wehling - home health aide
Ginger Wright - school health assistant (hired 9/14/15)

Respectfully submitted,

Karen Goetchius, MSN, RN, CHCE
Administrative Supervisor